

Pantries that give away free groceries &/or produce

Neighborhood pantries

Note: All neighborhood pantries listed below accept any SF resident with ID for registration. Bring photo ID & proof of SF address to any pantry during the hours listed (or call for appointment if indicated). SF-Marine Food Bank will process your enrollment and confirm through mail where you will pick up food weekly. If the pantry is full, you will be placed on waitlist. For extended list of pantries, please visit Food Locator at <sfmfoodbank.org/find-food>

Bayview/Hunters Point/Visitacion

Bayview TLC Family Resource Center. 1601 LANE ST (at Quesada, in Bayview YMCA). 415-822-9404. See **Note** above. Apply in person **Mon Tu Wed Fri 10am-3pm** (please don't come on a Th). Serving mostly zip code 94124. Call M-F 9am-4pm for one-time-only emergency food box for any SF resident with photo ID showing SF address. ☎

Our Lady of Lourdes. 410 HAWES (at Innes). 415-559-2637. See **Note** above. Apply in person **Sat 9:30-10am (except 1st Sat of the month)**. Serving mostly zip code 94124. English, Cantonese, Mandarin, Spanish. ☎

Mission/Potrero/Castro

St. Aidan's. 101 GOLDMINE DR (at Diamond Heights Blvd). See **Note** above. Apply in person **Fri 1-2pm**. Serving mostly zip code 94131. ☎

Women's Building. 3543 18TH ST. (bet. Valencia & Guerrero). 415-431-1180 ext. 11 (M-F 10am-5pm, W 10am-7pm). See **Note** above. For immigrant SF residents. Apply in person **Mon-Th 10am-5pm, Fri 10am-3pm** to pick up food Mon 9-10 am. English, Cantonese, Spanish. ☎

Ocean View/Sunset/Richmond

OMI Senior Ctr (Catholic Charities CYO). 65 BEVERLY (at Shields). 415-334-5550. See **Note** at left. For seniors 60+ & disabled adults, with proof. Apply in person for weekly pantry **Mon Wed Fri 8:30am-2:30pm**. Apply in person for monthly food box **9am-12pm fourth Mon of the month** (Jan 22, Feb 26, Mar 26). Serving mostly zip code 94112, 94127, or 94132. English, Cantonese, Mandarin, Spanish, Tagalog, Vietnamese. **Closed May 28.** ☎

Tenderloin/Chinatown/SoMa

Mason Broadway Food Pantry. 1430 MASON STREET (near Broadway). See **Note** at left. Apply in person **Wed 2pm**. Pick up food Wed 12:50-2:10pm. Serves all zip codes. English, Cantonese, Mandarin, Toishanese. ☎

Salvation Army Chinatown. 1450 POWELL (near Broadway). 415-781-7002. See **Note** above. **Call M-F 11am-4:30pm** for interview appointment. Serving mostly zip code 94108, 94109, 94111, 94123, 94129, 94130, 94133, or 94158. English, Cantonese, Mandarin. ☎

Salvation Army Kroc Center. 240 TURK (near Jones). 415-345-3414. See **Note** above. Apply **Mon-Fri 8am-noon**. Serving mostly zip code 94102, 94103, or 94115. ID required. English, Cantonese, Khmer. ☎

Youth With A Mission. 357 ELLIS (near Jones). 415-885-6543. See **Note** above. Apply in person **Thur 3:30 pm**. Serving zip code 94102. ☎

Western Addition/Haight

Booker T. Washington Community Service Ctr. 800 PRESIDIO (at Sutter). 415-928-6596. See **Note** above. Apply in person **Thurs 10-11am**. Serving mostly zip code 94115 or 94117. ☎

Jones Memorial United Methodist Church. 1975 POST (at Steiner). See **Note** above. Apply in person **Sat 10:30am**. Serving mostly zip code 94102, 94109, or 94115. **Closed April 28, May 26, June 16.** ☎

Korean American Senior Service. 745 BUCHANAN (at Grove). 415-255-9371. See **Note** at left. Apply in person **Fri 9:30-10:30am**. Serving mostly zip code 94102, 94115, 94117, or 94118. ☎

Treasure Island

One Treasure Island. 850 AVENUE I ON TREASURE ISLAND (at 9th St, in the Shipshape Building). 415-986-4810. For Treasure Island residents only; lease (or letter from Island Program Provider) & ID required at sign-up. Apply **Tues 2:30pm**. ☎

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Other ways to get free groceries

Citywide

Bayview TLC Family Resource Center. 1601 LANE ST (at Quesada, in Bayview YMCA). 415-822-9404. Call M-F 9am-4pm for one-time-only emergency food box for any SF resident with photo ID showing SF address. ☎

Food Locator. Visit <sfmfoodbank.org/find-food> to find a neighborhood pantry where you can apply for weekly groceries or 1-time emergency food box for any SF resident with ID.

Project Open Hand. 730 POLK (near Ellis). 415-447-2326 or 800-551-6325 (toll-free). For SF residents with critical illness (including HIV, AIDS, or breast cancer), or recovering from trauma or major surgery. **Call Tu-Sa 9am-4pm** for interview appt. Will call you once your medical provider information is accepted. If accepted pick up food Tues 9am-4pm or Wed-Sat 11am-4pm. They'll need your physician's signature on application; plus proof of medical insurance, income, & address; & photo ID. ☎

S.F. Rescue Mission. 140 TURK (bet. Taylor & Jones). Pick up food **Thurs 12:30pm**. Photo ID required. ☎

Supplemental Food Program. CALL 211 (OR 1-800-273-6222) or visit <sfmfoodbank.org/find-food> for signup info. Low-income Bay Area seniors age 60+ can register for a monthly 35-lb box of dry & canned goods (proof of age & residency required).

211. CALL 211 (OR 1-800-273-6222). Any SF resident can call 211 for a referral to a food pantry in their zip code.

Food Stamps (CalFresh). 1235 MISSION (btw. 8th & 9th Sts.) or 1440 HARRISON (btw. 10th & 11th). 415-558-4700 for info in English, Cantonese, Mandarin, Russian, Spanish, Tagalog, or Vietnamese. Food vouchers for low-income California residents. You can check eligibility & apply online at <mybenefitsCalWIN.org>, or apply in person **M-F 8am-5pm**. It's best to get there early (8-10am), fill out an application, & turn it in. You'll get an appointment for that day or for a few days later. Bring ID, Green Card (if you're an immigrant), & proof of your rent, expenses, & income. If approved before 4pm, you may get your card that day; otherwise you may pick it up later or have it mailed to you within 2 weeks. Individuals can get up to \$194 worth of food stamps per month (most individuals get less; most families get more). The amount you get depends on income and how much you pay for shelter (and for out-of-pocket medical costs if you're over 60 or disabled). People with SSI/SSP cannot get food stamps. People with resources (house, car, bank account, etc.) or SSD but limited income can still get food stamps, & so can homeless people. **Closed May 28.** ☎

WIC. CALL 415-575-5788 (**M-F 8am-12pm, 1-5pm**) or 415-621-7574 (**M-F 8:30am-12:30pm, 1-5pm**). Food vouchers for children under 5. Pregnant or postpartum women, or guardians of children under 5 years, call for appointment to sign up in 1 of 6 locations. Bring ID, proof of income (check stubs, Medi-Cal card), & address (California ID/utility bill/piece of mail). WIC offers food vouchers, info & support for breastfeeding, & nutrition counseling. You can use vouchers at WIC-authorized grocery stores for produce, whole grains, beans (or peanut butter), cereal, eggs, milk, yogurt, cheese, juice, iron-fortified formula & baby food. ☎